



Mind Body Education

Holistic Success Hub - Resources

Event Invitation Post Template

Purpose: To promote an upcoming event and encourage followers to register or attend by highlighting the value, experience, and emotional benefits.

Template Caption (Editable for Any Platform)

You're Invited!

Join us for **[Event Name]** – a heart-opening experience to [main benefit or theme – e.g., reconnect, release, realign].

🌟 Whether you're feeling [emotion/problem your ideal client relates to – e.g., overwhelmed, stuck, in need of self-care], or simply ready for something nurturing and meaningful, this event was created with you in mind.

Here's what you can look forward to:

- 👁️ [Benefit #1 – e.g., Guided healing meditation or creative activity]
- 👁️ [Benefit #2 – e.g., Connection with like-minded souls]
- 👁️ [Benefit #3 – e.g., Practical tools you can take home]

📅 **Date:** [Insert Date]

🕒 **Time:** [Insert Time & Time zone]

📍 **Location:** [Zoom / Venue Name & Address]

🔑 **Booking Info:** [Price, registration link, or “DM me to save your spot”]

🌟 Limited places available – reserve your place today and take the next step on your wellness journey.

♥ I'd love to see you there.

[Add hashtags: #HolisticHealing #WellnessEvent #MindBodySoul #SelfCare]

Visual Suggestions:

- Image of the venue, event atmosphere, or peaceful practice setup
 - Canva-designed graphic with event title and date
 - Use consistent brand colours and fonts
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Tip for Best Engagement:

- Post 2–3 times in the lead-up with varied imagery and reminders
- Share in Stories with countdown and poll stickers
- Create a pinned post or Featured highlight for ongoing visibility