

Master Practitioner of Holistic Art Therapy Online Program



Deepen Your Practice. Expand Your Impact. Create a Life That Aligns with Your Purpose.

If you're drawn to the power of art as a tool for healing, transformation, and self-discovery — and you're ready to build a professional practice that changes lives — then this course is designed for you.

The **Master Practitioner of Holistic Art Therapy** is a comprehensive, internationally accredited program that empowers you to work confidently and ethically as a qualified Holistic Art Therapist.

It's more than a course — it's a guided journey into mastery, where you'll gain advanced skills, grow personally and professionally, and design a career that is meaningful, flexible, and abundant.

Why This Course is Different

Many art therapy courses on offer today are short, unregulated, and do not provide industry recognition. Others require expensive and lengthy university pathways and are often highly clinical, with limited freedom in how and where you practice.

The **Master Practitioner of Holistic Art Therapy** offers a third path:

- ✓ *Ethically grounded, creative, heart-centred therapy training*
- ✓ *Internationally recognised and insurable*
- ✓ *Accessible, flexible, and high-support*
- ✓ *Designed for real-world practice and business success*

This course has been carefully created by experienced holistic educators and therapists to help you not only develop therapeutic skills — but to build a practice, serve your community, and live with purpose and freedom.

What You'll Learn

Over 12 months, you'll be gently guided through:

Therapeutic Art Processes

Learn how to use visual art, collage, mask-making, symbolism, narrative, mandalas, and sculptural forms as tools to help clients process emotion, reframe stories, and gain insight. You'll explore both directive and non-directive approaches.

Holistic Psychology Foundations

You'll gain a strong understanding of human development, trauma-informed care, emotional regulation, archetypes, and inner child work — integrated into a holistic model that values mind, body, spirit, and creativity.

Client-Centred Facilitation

Develop the skills to create a safe, non-judgmental space for clients. You'll learn active listening, emotional containment, appropriate use of questions, how to support client empowerment, and how to guide gently without diagnosing or analysing.

Advanced Therapeutic Models

Explore techniques such as inner child healing, Jungian archetype exploration, parts work, visual journaling, and body mapping. Learn how to support clients through grief, anxiety, trauma, relationship issues, self-esteem, and more.

◆ *Group and Workshop Facilitation*

Learn how to design and deliver powerful group experiences, both in-person and online. You'll gain templates, case studies, and practical tools to confidently lead workshops, retreats, and community programs.

◆ *Ethical Practice and Professional Boundaries*

You'll gain clear guidance on ethical considerations, scope of practice, confidentiality, self-care as a therapist, and how to work within your qualifications while maintaining client safety and empowerment.

◆ *Business Building for Therapists*

We don't leave you wondering how to "make it work." You'll receive business coaching built into the course — including branding, pricing, marketing, social media strategy, attracting ideal clients, and creating services that reflect your passion and values.

✓ **Accreditation That Opens Doors**

This course is internationally industry accredited by the **International Institute for Complementary Therapists (IICT)** and other peak bodies. This means:

- You're eligible for **professional indemnity and public liability insurance**
- You can legally practice as a **Holistic Art Therapist** in Australia and many other countries
- You can join **industry associations** for professional credibility
- Your clients, employers, and community will see your qualification as professional and trustworthy

Far too many students finish "courses" that don't qualify them to work, can't get insurance, or are rejected by associations. This course protects your time and investment by ensuring you have everything you need to succeed.



💡 What You Can Do After Graduation


This qualification opens a wide range of career possibilities:

- Start your own private therapy practice
- Offer one-on-one holistic art therapy sessions
- Facilitate healing workshops or retreats
- Work in schools, aged care, community centres and the corporate arena
- Collaborate with other therapists, coaches, or wellness businesses
- Create online courses or membership programs
- Specialise in areas such as trauma, grief, children's art therapy, inner child work, stress relief, or self-esteem and more

You are not limited to one path — you'll be equipped to design a career that suits your lifestyle, personality, and vision.

Master Practitioner of Holistic Art Therapy (MPHAT)

Are you ready to create a career you love?



Mind Body Education


AVERAGE ANNUAL SALARY

\$83,854

EXPERIENCED PRACTITIONERS EARNING UP TO

\$114,000

as of July 2025, if employed



500

ART THERAPIST POSITIONS ADVERTISED ANUALLY ACROSS AUSTRALIA




as of July 2025

ACCREDITED & INDUSTRY-RECOGNISED

Our Graduates are eligible to join the International Institute for Complementary Therapists (IICT) + other International Associations

Access professional indemnity & public liability insurance

All MBE graduates receive an exclusive discount on IICT membership!



AVERAGE ANNUAL TUITION FEE FOR BACHALOR PROGRAMS

\$40,000


OUR INDUSTRY ACCREDITED, INTERNATIONALLY AWARD WINNING ONLINE PROGRAM FULL COURSE FEE

\$5,500

as of July 2025. Includes GST. Payment plans available



PREMIER TRAINING PROVIDER
INTERNATIONAL INSTITUTE FOR COMPLEMENTARY THERAPISTS



SEAL of EXCELLENCE
2025

Support That Empowers You

We know that learning deeply personal, transformational material can be vulnerable. That's why the support you receive from Mind Body Education is one of the most praised aspects of this course.

You'll receive:

- Weekly live Zoom classes with real-time support
- Access to recordings if you miss a session
- One-on-one guidance from an experienced mentor
- Peer discussion forums and a student community
- Post-course access to practitioner resources
- Optional business mentoring and referrals

We care about your growth — not just as a student, but as a future practitioner and business owner.

A Career of Purpose, Freedom, and Possibility

When you become a Holistic Art Therapist, you're stepping into a life where:

- **You make a difference** in real people's lives
- **You choose your hours** and your income potential
- **You do work that nourishes your soul** as much as your clients'
- **You join a movement** of heart-centred, ethical healers who are making the world a better place

This is about doing ethical, meaningful work **on your terms**, and contributing to a healthier, more compassionate world.

You're Not Just Learning a Skill — You're Stepping into Your Calling

If your heart lights up when you think about using art to help others heal...
If you want a career that allows you to be creative, compassionate, and free...
If you're ready to turn your passion into a profession...

Then this course is for you.

Fast Facts

Course Duration:

- 1 Year - full-time - 10 hours of study per week
OR 2 years - part-time - 5 hours of study per week
- Payment plans and financial aid study grants available
- Industry approved training
- Total Hours: 400 hours (40 modules x 10 hours each) - Plus 10 hours of supervised clinical practice
- No previous experience or qualifications required

Explore course fee options and next course commencement dates at:

<https://mindbodyeducation.info/master-practitioner-of-holistic-art-therapy-online>

Please do not hesitate to contact us if you need further information or assistance deciding if this course will suit you.

Phone us: 0429 892 840

Email: contact@mindbodyeducation.info