



Certificate in Meditation Teaching – Online



Teach Meditation & Transform Lives -Starting With Your Own.

The Certificate in Meditation Teaching isn't just a course — it's an invitation to transform your life and begin helping others do the same.

Meditation is no longer seen as a luxury; it's an essential tool for managing stress, building emotional resilience, improving focus, and enhancing overall well-being. As a trained meditation teacher, you'll be part of a global movement toward wellness and conscious living.

If you're drawn to helping others experience more peace, clarity, and calm in their lives — and you're ready to cultivate those qualities in your own — this internationally accredited course is your pathway.

◆ Real Accreditation That Opens Doors

Unlike many short or unregulated meditation courses, this program is **internationally industry accredited**. That means:

- You can obtain **professional insurance**.
- You can register with recognised **industry associations**.
- You can start your own **meditation business or practice** legally and confidently.

This level of professional approval is what sets Mind Body Education apart.

It gives your clients (and yourself) peace of mind — knowing you are trained to the highest standards in the field.



◆ A Purpose-Driven Career

You'll be empowered to:

- Run meditation classes in studios, workplaces, schools, aged care centres, and community groups.
- Offer private 1:1 sessions, courses, retreats or workshops online or in person.
- Integrate meditation teaching into existing wellness or education practices.
- Design your own style of classes — from gentle mindfulness to spiritual awakening.

The work is flexible, rewarding, and deeply meaningful. You'll guide others in learning tools that can reduce anxiety, improve sleep, regulate emotions, and cultivate resilience — while also deepening your own personal practice

◆ Freedom, Flexibility, Fulfilment

As a certified meditation teacher, you're not tied to a location, employer, or schedule. You can:

- Work from home or travel the world.
- Set your own hours and rates.
- Choose your niche and focus (e.g. trauma recovery, workplace wellness, stress reduction, children's classes, etc.).
- Create a financially sustainable and ethical business — one that reflects your values.

Certificate in Meditation Teacher Training

Are you ready to create a career you love?



Mind Body Education

AVERAGE ANNUAL SALARY

\$52,000

FULL-TIME TEACHERS EARNING UP TO

\$100,000

as of July 2025, if employed



100

MEDITATION TEACHER POSITIONS

ADVERTISED ANNUALLY ACROSS AUSTRALIA



as of July 2025

ACCREDITED & INDUSTRY-RECOGNISED

Our Graduates are eligible to join the International Institute for Complementary Therapists (IICT) + other International Associations

Access professional indemnity & public liability insurance

All MBE graduates receive an exclusive discount on IICT membership!

BONUS

AVERAGE ANNUAL TUITION FEE FOR BACHALOR PROGRAMS

\$9,804

OUR INDUSTRY ACCREDITED, INTERNATIONALLY AWARD WINNING ONLINE PROGRAM FULL COURSE FEE

\$1,250

as of July 2025. Includes GST. Payment plans available



PREMIER
TRAINING PROVIDER
INTERNATIONAL INSTITUTE FOR
COMPLEMENTARY THERAPISTS



SEAL of EXCELLENCE
★★★★★
2023

◆ Support That Lasts Beyond Graduation

Our promise is that you won't do this alone. You'll receive:

- Resources to help you plan, promote, and deliver your offerings.
- Access to materials and post-course guidance.
- Support and networking through our graduates community

Why Choose This Course?

- **International Industry Accreditation**
This course is approved by the International Institute for Complementary Therapists (IICT), allowing you to obtain professional insurance, start your own practice legally, and gain recognition in the wellness industry. Many cheaper or self-paced online courses don't offer this level of legitimacy, leaving graduates uninsurable or unrecognised.
- **Diverse Career Opportunities**
With this certification, you can offer group or private meditation sessions, create corporate wellbeing programs, run workshops, speak at events, or integrate meditation into your existing wellness practice. You're free to design your own business or enhance your current work.
- **Personal Transformation**
Through your training, you'll experience the profound benefits of a regular meditation practice — reduced anxiety, better sleep, more energy, enhanced focus, and greater emotional awareness. You'll be living what you teach.
- **Be Your Own Boss**
Work from home or anywhere in the world. Choose your own hours. Decide your income. This path offers both financial independence and deep personal satisfaction.
- **Ongoing Support**
We don't just teach you and send you on your way — we walk with you. Mind Body Education offers responsive tutor support, a community of like-minded peers, and post-course resources to help you grow a thriving business.

This is a **gateway to a new way of living**
with peace at the centre and purpose as your compass.

Fast Facts

Course Duration:

- 12 weeks Part-time - Approx. 10 hours per week.
- 6 weeks Full-time - Approx. 20 hours per week.
- Payment plans and financial aid study grants available
- Industry approved training
- Total Hours: 120 hours (12 modules x 10 hours each) -
- No previous experience or qualifications required

Explore course fee options and next course commencement dates at:

<https://mindbodyeducation.info/meditation-teacher-training-online>

Please do not hesitate to contact us if you need further information or assistance deciding if this course will suit you.

Phone us: 0429 892 840

Email: contact@mindbodyeducation.info