



Mind Body Education
Master Practitioner of Holistic Art Therapy
On-Campus Students

Course Materials List

Students need to purchase the following items prior to the commencement of the course.

The items below have been selected from the Office Works online catalogue.

You can substitute any item with a different brand from a different retailer if you wish, provided the item is the same.

You can expect to pay around \$300 to fill this materials list if you purchase at Officeworks.

You do not have to purchase your materials from Officeworks, you can substitute any brands and even use materials you may already have at home.

You will receive a timetable with a list of which materials you will need to bring to each class.

Your shopping list:

Spirax No. 595A A4 Notebook 240 Pages

Derwent Academy Artist Drawing Pad 110gsm 50 Sheets A4

Reeves Watercolour Pad Cold Pressed Med 200gsm 12 Sheets A4

Staedtler Mars Lumograph Charcoal Pencils 4 Pack

Prismacolor Kneaded Eraser Large

Micador for Artists Varnish Gloss Spray 450g

Derwent Academy Sketch Pencils Tin of 12 -

Stuymate Barrel 2 Hole Sharpener Blue

Stuymate Greener Choice Eraser Small

Royal & Langnickel Learn To Soft Pastel Set 27 Piece

Staedtler Blending Stumps 4 Pack

Faber-Castell Oil Pastels 24 Pack -

Royal & Langnickel Artist Paint 12mL Acrylic 24 Pack

Derwent Academy Artist Canvas Paper Pad 300gsm 10 Sheets A4

Born Palette Knife Set 5 Pack

Royal & Langnickel Artist Paint 12mL Watercolour 24 Pack

Reeves Mixed Media Short Brushes 10 Pack

Masking tape (for creating clean edges and borders)

Masking Tape 24mm x 50m

Oil paint (assorted colours)

Royal & Langnickel Artist Paint 12mL Oil 24 Pack

Oil painting brushes (synthetic brushes)

Art Spectrum Brush Series 950 Synthetic Round Size 2

Linseed oil or painting medium (for thinning paint and creating glazes)

Art Spectrum Refined Linseed Oil 100mL

Odorless mineral spirits or turpentine (for cleaning brushes)

Gamblin Gamsol: Odourless Mineral Spirit 125mL

2 x Das Air Hardening Modelling Clay

Kadink Air Drying Clay 1kg White

You will also need an art smock or old shirt to protect your clothing on painting and sculpting days.